

QUARTERLY SERVICE LINE UPDATE

2024 Q3 Second Edition



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Post ICU Recovery Clinic

Centra's Post ICU Recovery Clinic (PICS) is for patients who have been in Intensive Care, on life support, delirious or had an extended hospital stay. The clinic is comprised of an interdisciplinary team who are familiar with the ICU and its lasting effects. Patients are seen once they are discharged home, done with rehabilitation and home health and living their "new normal." The clinic assesses the patient and their family for signs of Post Intensive Care Syndrome (PICS) and evaluates them for any further needs they may have.

How to Refer:

Inpatient:

In Cerner, add an order, in the search field start typing "follow up" and select "Follow up Post ICU Clinic (PICS)" in the drop-down menu. Next, in the "Follow-up within" field, select one month (the clinic will track to see when it is appropriate for patient to be seen). Lastly, on "order comments" field, put details for referral and attach a diagnosis.

Outpatient:

Call or send referral via fax or through the referral management system in Cerner for the following location: ****In the referral management system, the clinic shows as Post ICU Follow Up Clinic under the medical service field and the practice is listed as the Centra Post ICU Follow Up Clinic***

- Centra Post ICU Recovery Clinic (PICS)
Phone: 434.200.3564 **Fax:** 434.200.4063

Pulmonary Hypertension Clinic

Centra's Pulmonary Hypertension Clinic, currently scheduling new patient appointments within two weeks, is a specialized program offering a multidisciplinary approach for patients affected by pulmonary hypertension. The clinic providers, Dr. John Plankeel and Jennifer Tice, NP, offer services one day a week at the 2512 Langhorne Road, Lynchburg, VA location. To learn more about the Pulmonary Hypertension Clinic at Centra, click here [Pulmonary Hypertension Program | Centra Health](#).

How to Refer:

***For patients ages 18+**

Call or send referral via fax or through the referral management system in Cerner for the following location: ****Please note, "Pulmonary Hypertension Clinic" on the referral***

- Centra Medical Group (CMG) Sleep Wellness Center
2512 Langhorne Road, Lynchburg, VA 24501
Phone: 434.528.2194 **Fax:** 434.528.2196

Pulmonology

New Providers / Capabilities:

Paula Shredl, NP has joined the Centra Medical Group (CMG) Southside Pulmonology Center team in Farmville. Currently not scheduling new patient appointments, seeing follow-up patients. Click here to learn more about [Paula Shredl, NP | Centra Health](#).

Kati Walker, FNP has joined the Centra Medical Group (CMG) Pulmonology Center- Lynchburg team. Scheduling pulmonology and sleep disorder new patient appointments starting late September. Click here to learn more about [Kati Walker, FNP | Centra Health](#).

How to Refer:

Call or send referral via fax or through the Referral Management System in Cerner for the following locations:

- Centra Medical Group (CMG) Southside Pulmonology Center **Located within Centra Southside Community Hospital*
800 Oak Street, Farmville, VA 23901
Phone: 434.315.2880 **Fax:** 434.315.2876
- Centra Medical Group (CMG) Pulmonology Center- Lynchburg
2011 Tate Springs Road, Lynchburg, VA 24501
Phone: 434.947.3963 **Fax:** 434.947.5935

CME Opportunity:

Wednesday, October 2nd at 12 p.m.

Dr. Sunil Rajan from Centra Medical Group (CMG) Southside Pulmonology team will be discussing the diagnosing and medical management of chronic obstructive pulmonary disease (COPD). Click [here](#) to register.

AMBULATORY CARE



Lynchburg Family Medicine Residency

Centra welcomes the following first year residents into the Lynchburg Family Medicine Residency Program:

- [Aleshba Yousuf, MD | Centra Health](#)
- [Huy Tran, MD | Centra Health](#)
- [Izza Ahmed, MBBS | Centra Health](#)
- [Logan Haley, DO | Centra Health](#)
- [Lubna Alhalabi, MD | Centra Health](#)
- [Pramanu Aryal, MBBS | Centra Health](#)
- [Shandesh Khanal, MBBS | Centra Health](#)
- [Saheed “Tunde” Olaogun, MD | Centra Health](#)
- [Zafar Khan, MD | Centra Health](#)

Palliative Care

New Providers / Capabilities:

Dr. Charles Iwuala has joined the Centra Medical Group (CMG) Palliative Care team. Click here to learn more about [Charles Iwuala, MD | Centra Health](#).

Nicole Arrington, NP-C has joined the Centra Medical Group (CMG) Home Based Palliative Care Program Team. Click here to learn more about [Nicole L. Arrington, NP | Centra Health](#).

Primary Care

New Providers / Capabilities:

Dr. Alexandra Bachman has joined the Centra Medical Group (CMG) Amherst Medical Center team. Scheduling new patient appointments within ten weeks. Click here to learn more about [Alexandra Bachman, DO | Centra Health](#).

Dr. Bernadette Flynn has joined the Centra Medical Group (CMG) Southside Medical Center team in Farmville. Scheduling new patient appointments within one week. Click here to learn more about [Bernadette Flynn, DO | Centra Health](#).

Dr. Micah Brickhill-Atkinson has joined the Centra Medical Group (CMG) Buckingham team. Scheduling new patient appointments within one week. Click here to learn more about [Micah Brickhill-Atkinson, MD | Centra Health](#).

Jill Crawford, NP has joined the Centra Medical Group (CMG) Amherst Medical Center team. Scheduling new patient appointments October 1st. Click here to learn more about [Jill Crawford, NP | Centra Health](#).

Lindsay Holman, NP has joined the Centra Medical Group (CMG) Southside Medical Center team. Scheduling new patient appointments within two weeks. Click here to learn more about [Lindsay Holman, NP | Centra Health](#).

Urgent Care

New Providers / Capabilities:

Jemima Boncales, MSN, ENP, FNP-BC has joined the Centra Medical Group (CMG) Danville Urgent Care team. Click here to learn more about [Jemima Boncales, MSN, ENP, FNP-BC | Centra Health](#).

Stephanie Kwasniewski, PA has joined Centra Urgent Care's team providing care via telehealth only. Click here to learn more about [Stephanie Kwasniewski, PA | Centra Health](#).

BRAIN & SPINE

General Neurology

New Providers / Capabilities:

Funmiola “Funmi” Idowu, ANP-C has joined the Centra Medical Group (CMG) Southside Neurology Center in Farmville. Scheduling new patient appointments starting October 1st. Click here to learn more about [Funmilola “Funmi” Idowu, ANP-C | Centra Health](#).

Natalie Muir, PA has joined the Centra Medical Group (CMG) Neurology Center-Lynchburg. Currently not scheduling new patient appointments. Click here to learn more about [Natalie Muir, PA | Centra Health](#).

How to Refer:

Call or send referral via fax or through the Referral Management System in Cerner for the following locations:

- Centra Medical Group (CMG) Southside Neurology Center
800 Oak Street, Farmville, VA 23901
Phone: 434.315.2914 **Fax:** 434.315.2918

- Centra Medical Group (CMG) Neurology Center- Lynchburg
2818 Linkhorne Drive, Lynchburg, VA 24503
Phone: 434.200.3600 **Fax:** 434.200.3714



Physical Medicine & Pain Management

Procedural Pain Therapies

Procedures Offered:

- Epidural steroid injections
- Nerve Blocks
- Pudendal & Sacral Root/Caudal pulsed RFA ***Dr. Ksionski**
- Radiofrequency ablations
- Sacral Root Nerve Stimulator for the lower back and pelvic area ***Dr. Ksionski**
- Spinal cord stimulators

How to Refer:

Scheduling new procedural pain patient appointments within the same or following week. Call or send referral via fax or through the Referral Management System in Cerner for the following locations: ***Patient must be scheduled for initial consult prior to scheduling procedure**

- Centra Medical Group (CMG) Physical Medicine & Pain Management Center-Oak Vassar ***Christian Estrada, MD**
1330 Oak Lane, Suite 202, Lynchburg, VA 24503
Phone: 434.200.4175 **Fax:** 434.200.1679
- Centra Medical Group (CMG) Physical Medicine & Pain Management Center-Farmville ***Sebastian Ksionski, MD**
935 S. Main Street, Farmville, VA 23901
Phone: 434.315.5385 **Fax:** 434.200.1679

New Providers / Capabilities:

Margaret Bauer, DNP, PMHNP-BC has joined the Centra Medical Group (CMG) Physical Medicine & Pain Management team. Scheduling new patient appointments starting November 1st. Click here to learn more about [Margaret Bauer, DNP, PMHNP-BC | Centra Health](#).

CME Opportunity:

Thursday, November 14th at 12 p.m.

Dr. Christian Estrada and Dr. Sebastian Ksionski from Centra Medical Group (CMG) Physical Medicine and Pain Management Centers will be discussing procedural pain therapies. Click [here](#) to register.

Post-Concussion Management Physical Therapy

Centra Rehabilitation offers outpatient physical therapy for patients needing management after a concussion.

How to Refer:

Call or send referral via fax to the Outpatient Rehabilitation Referral Team or through the Referral Management System in Cerner for the following locations: ***When referring, please note "Post-Concussion PT" on the referral**

- Centra's Outpatient Rehabilitation Referral Team
Phone: 434.200.7600 **Fax:** 434.200.1294

Locations:

- Centra Rehabilitation - Atherholt Road
1905 Atherholt Road, Lynchburg, VA 24501
- Centra Rehabilitation - Bedford
1710 Whitfield Drive, Bedford, VA 24523
- Centra Rehabilitation - Farmville
935 S. Main Street, Farmville, VA 23901
- Centra Rehabilitation - Gretna
291 McBride Lane, Gretna, VA 24557
- Centra Rehabilitation - Jamerson YMCA
801 Wyndhurst Drive, Lynchburg, VA 24502
- Centra Rehabilitation - Nationwide Drive
125 Nationwide Drive, Lynchburg, VA 24502
- Centra Rehabilitation - Virginia Baptist Hospital
3300 Rivermont Avenue, Lynchburg, VA 24503
***Located on second floor**

Vestibular Rehabilitation Therapy

Centra Medical Group (CMG) Southside Neurology Clinic in Farmville has implemented a new referral process for vertigo patients being considered for outpatient neurology visits. Initial referral will be sent to physical therapy for vestibular rehabilitation therapy then if the physical therapist feels additional evaluation is needed, neurology will schedule.



How to Refer:

Call or send referral via fax to the Outpatient Rehabilitation Referral Team or through the Referral Management System in Cerner for the following locations:

- Centra's Outpatient Rehabilitation Referral Team
Phone: 434.200.7600 **Fax:** 434.200.1294
- Location: Centra Rehabilitation - Farmville
935 S. Main Street, Farmville, VA 23901

CANCER CARE

Genetic Counseling

Centra's Alan B. Pearson Regional Cancer Center genetic counselors can provide hereditary cancer risk assessments, genetic counseling and genetic testing for patients who may have a hereditary predisposition to cancer. Patients with a personal or family history of breast, ovarian, pancreatic, prostate, colorectal, uterine or gastric cancer may be candidates for genetic evaluation. *Centra currently only offers genetic counseling related to cancers

How to Refer:

Call or send referral via fax for the following location:

- Centra Alan B. Pearson Regional Cancer Center Hematology Oncology Clinic
1701 Thomson Drive, Lynchburg, VA 24501
Phone: 434.200.4522 **Fax:** 434.485.7840

Hematology Oncology

New Providers / Capabilities:

Ronetta Mar Hoover, DNP, RN joined Centra Medical Group (CMG) Hematology Oncology team. Currently not scheduling new patient appointments. Click here to learn more about [Ronetta E. Mar Hoover, DNP, RN | Centra Health](#).

To learn more about Centra Alan B. Pearson Cancer Center providers, click here: [Centra Alan B. Cancer Center Providers | Centra Health](#).

How to Refer:

Call or send referral via fax for the following location:

- Centra Alan B. Pearson Regional Cancer Center Hematology Oncology Clinic
1701 Thomson Drive, Lynchburg, VA 24501
Phone: 434.200.4522 **Fax:** 434.485.7840
- Centra Southside Hematology Oncology Clinic
***Located within Centra Southside Community Hospital**
800 Oak Street, Farmville, VA 23901
Phone: 434.315.2690 **Fax:** 434.315.2697

Radiation Oncology

New Procedures / Technology:

Centra's Alan B. Pearson Regional Cancer Center has upgraded to the Varian TrueBeam Linear Accelerator. This upgraded technology can provide targeted radiation treatment for many different types of cancers. It also offers patients Deep Inspiration Breath Hold (DIBH) treatments, a technique used for left breast cancer treatments to protect the heart and for additional cancers. Centra's Radiation Oncologists, Dr. Angela Brady, Dr. Joy Hilliard and Dr. Michael O'Neill, are utilizing the innovative technology at the following location:

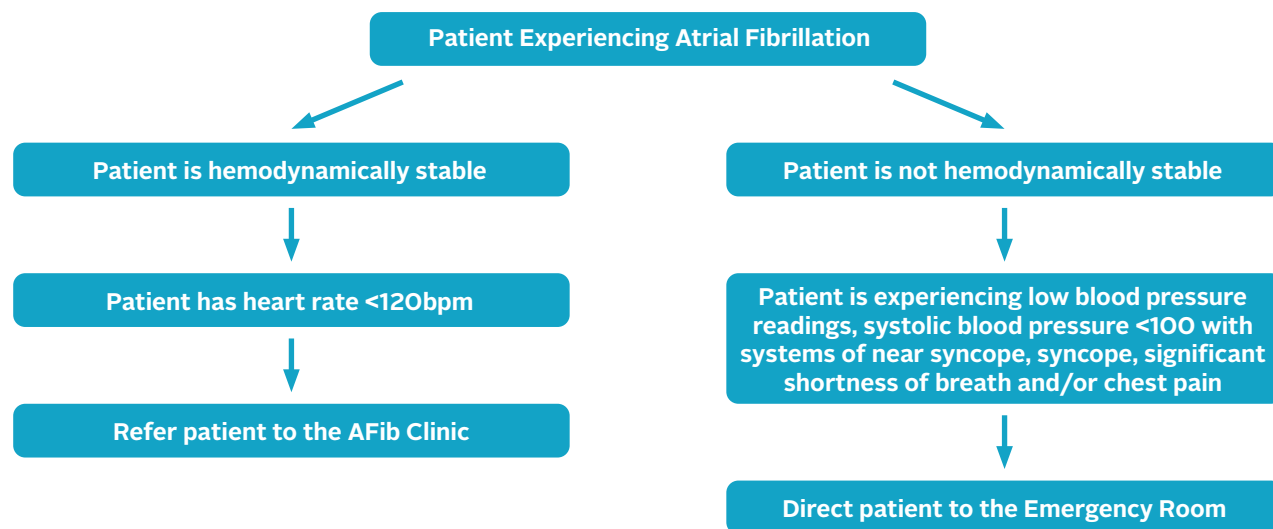
- Centra Alan B. Pearson Regional Cancer Center Radiation Oncology Clinic
1701 Thomson Drive, Lynchburg, VA 24501 ***Located on first floor**
Phone: 434.200.4522 **Fax:** 434.485.7840

Clinical Trials:

Centra offers patients the opportunity to participate in clinical research studies at the Alan B. Pearson Regional Cancer Center. Clinical trials can broaden treatment options for patients. To learn more, click here [Cancer Clinical Trials | Centra Health](#) or contact the Clinical Trial team at 434.200.1495.

Atrial Fibrillation (AFib) Clinic

When to refer a patient to Emergency Department vs the Outpatient AFib Clinic:



How to Refer:

Scheduling new patient appointments within a week. Call or send referral via fax or through the Referral Management System in Cerner for the following location: ****When referring, please note “AFib Clinic” on referral***

- Centra Heart & Vascular Institute - Lynchburg
2410 Atherholt Road, Lynchburg, VA 24501
Phone: 434.200.5252, option 3, ask for the EP AFib clinic scheduler **Fax:** 434.200.2496

Click here to learn more about the clinic: [Atrial Fibrillation | Centra Health](#)

Cardiology

New Providers / Capabilities:

Dr. Supawat Ratanapo has joined the Centra Heart & Vascular Institute team specializing in structural cardiology. Scheduling new patient appointments beginning November. Click here to learn more about [Supawat Ratanapo, MD | Centra Health](#).

Dr. Wojciech Rzechorzek has joined the Centra Heart & Vascular Institute team specializing in congestive heart failure (CHF). Scheduling new patient appointments toward the beginning of October. Click here to learn more about [Wojciech Rzechorzek, MD | Centra Health](#).

Erno Csatos, NP has joined the Centra Heart & Vascular Institute’s congestive heart failure (CHF) team. Scheduling new patient appointments beginning December. Click here to learn more about [Erno Csatos, NP | Centra Health](#).

Clinical Trials:

The Centra Heart & Vascular Institute conducts clinical research on dyslipidemia, heart failure, arterial disease, electrophysiology, and cardiac surgery. For more information, please contact the Clinical Trial team at 434.200.2727.

Endocrinology

New Providers / Capabilities:

Dr. Sandra Iwuala has joined the Centra Medical Group (CMG) Endocrinology team. Scheduling new patient appointments beginning November 1st. Click here to learn more about [Sandra Iwuala, MD | Centra Health](#).

Ciara Antolin, NP has joined the Centra Medical Group (CMG) Endocrinology team. Scheduling new patient appointments beginning October 1st. Click here to learn more about [Ciara Antolin, AGPCNP-BC | Centra Health](#).

Torey Todd, PA has joined the Centra Medical Group (CMG) Endocrinology team providing inpatient endocrinology care at Centra Lynchburg General Hospital. Click here to learn more about [Torey Todd, PA-C | Centra Health](#).



How to Refer:

Call or send referral via fax or through the referral management system in Cerner for the following location:

- Centra Medical Group (CMG) Endocrinology Center ***Please note new location**
2015 Tate Springs Road, Lynchburg, VA 24501
Phone: 434.200.4422 **Fax:** 434.200.845.3032

Resistant Hypertension Clinic

Centra's Heart & Vascular Institute launched the Resistant Hypertension Clinic on September 6th, 2024. Click to learn more about the clinic [Resistant Hypertension Clinic | Centra Health](#).

Referral Criteria: ***Please note, the clinic will not follow a patient long-term**

- Patient is 18-90 years old
- Patient has uncontrolled blood pressure (BP >130/80)
- Patient trialed on 3 antihypertensive agents including a diuretic or have tried a diuretic
- Patient has medication intolerance
- Onset of hypertension \leq 30 years old

Exclusionary Criteria:

- Patient has chronic kidney disease (CKD)
- Patient is on dialysis
- Patient is being followed by a nephrologist

Hypertension screening labs/testing prior to referring:

- CBC
- CMP
- TSH
- Urinalysis
- EKG
- If patient has a low potassium (<3.5), would recommend checking renin level and aldosterone level
 - Must be off MRA (Spironolactone or Eplerenone) for 4-6 weeks prior to checking these levels
- If patient has proteinuria >300 , Cr >2.0 , and/or gFR <30
 - Refer to Nephrology
 - If patient already established with Nephrology, continue with primary nephrologist

How to Refer:

Scheduling new patient appointments within two to three weeks. Call or send referral via fax for the following location:

***When referring, please note "Resistive Hypertension Clinic" on referral**

- Centra Heart & Vascular Institute - Lynchburg ***Clinic day is every Friday**
2410 Atherholt Road, Lynchburg, VA 24501
Phone: 434.200.5252 **Fax:** 434.200.2871

New Procedures / Technology:

The Centra Heart & Vascular Institute has begun performing Renal Denervation Procedures for patients with severe hypertension. Known as the Symplicity™ blood pressure procedure, it is minimally invasive and targets nerves near the kidneys that can become overactive and cause elevated blood pressure. A candidate for this procedure would be referred to the Centra Resistant Hypertension Clinic for evaluation.

How to Refer:

Scheduling new patient appointments within two to three weeks. Call or send referral via fax for the following location:

***When referring, please note "Resistive Hypertension Clinic" on referral**

- Centra Heart & Vascular Institute- Lynchburg ***Clinic day is every Friday**
2410 Atherholt Road, Lynchburg, VA 24501
Phone: 434.200.5252 **Fax:** 434.200.2871

LABORATORY SERVICES



New Providers / Capabilities:

Starting June 2024, Centra Laboratory began offering in-house PCR testing for Chlamydia Trachomatis (CT), Neisseria Gonorrhoeae (NG) and Trichomonas Vaginalis (TV) for both men and women. These upgraded testing capabilities will improve turn-around times for results. This replaced the testing that was being sent to LabCorp. Please discontinue collecting specimens with the Aptima collection kits.

How to Order:

There are three test code options available to choose from:

- CT/NG-PCR (endocervical, vaginal, urine, rectal*, pharyngeal*)
- CT/NG/TV-PCR (endocervical, vaginal, urine)
- TV-PCR (endocervical, vaginal, urine)

New collection devices will be required for this testing and education can be provided to caregivers for the use of these new kits:

***These kits are available from Centra Lab, using the same process already in place to obtain other Centra Lab supplies.**

- Cepheid Xpert Swab Collection Kit (endocervical, vaginal, rectal*, pharyngeal*)
- Cepheid Xpert Urine Collection Kit

***Please note, rectal and pharyngeal specimen types have been validated by Cepheid and approved by the FDA, yet have not been verified within Centra Lab. Therefore, clinical correlation is required regarding these results.**

Any questions can be directed to the Centra Lab Client Services Associate or the Microbiology Lab at 434.200.7054.

OCCUPATIONAL MEDICINE

New Providers / Capabilities:

Dr. Cindy Hanawalt has joined Centra Healthworks as the medical director. Click here to learn more about [Cindy Hanawalt, MD, PhD | Centra Health](#).

PEDIATRICS

On September 1st, 2024, Centra Medical Group (CMG) Pediatric Hospitalist Group began covering all newborns admitted to Centra's Virginia Baptist Hospital (VBH) Mother Baby Unit. Independent community pediatricians will no longer be rounding on the Mother Baby Unit at Virginia Baptist Hospital. Newborns followed by the Centra Medical Group (CMG) Lynchburg Family Medicine Residency will not be included in this process change.

RADIOLOGY

Prior Authorizations

Centra is working to streamline and transform our prior authorization workflow by implementing a system-wide approach that will offer our patients timely access to care at all our facilities. Centra plans to use one centralized team for submitting pre-authorizations for scheduled outpatient services.

Once this workflow is fully implemented, ordering providers will continue to schedule services, provide clinical documentation, and maintain communication with their patients. However, they will no longer have responsibility for contacting the insurance company to facilitate the authorization request process.

Due to the scope of this transition, a phased approach has been implemented. The initial phase has been successful and helped us identify process improvement opportunities, staff adjustments, detailed processes, and payer documentation for future phases.

Our next phase will include all Radiology Imaging Outpatient Studies (Hospital Facilities and Centra Central Virginia Imaging [CVI]). The go live for this phase is October 1, 2024.

Please click the links below for more information about the prior authorization workflows.

<https://www.centrahealth.com/provider-portal>

<https://www.centrahealth.com/provider-portal/provider-pre-authorization-forms>

SURGICAL SERVICES



Gastroenterology

New Providers / Capabilities:

Robin Vaughan, NP has joined the Centra Medical Group (CMG) Southside Gastrointestinal team in Farmville. Scheduling new patient appointments beginning November 1st. Click here to learn more about [Robin Vaughan, NP | Centra Health](#).

How to Refer:

Call or send referral via fax or through the referral management system in Cerner for the following locations:

- Centra Medical Group (CMG) Southside Gastrointestinal Center ***Located within Centra Southside Community Hospital**
800 Oak Street, Farmville, VA 23901
Phone: 434.315.2860 **Fax:** 434.315.2943

General Surgery

Centra's Surgical Services General Surgery team comprises of multiple providers across four locations which include:

***Denotes specialties**

- Centra Medical Group (CMG) Bedford General Surgery
1615 Oakwood Street, Suite D, Bedford, VA 24523
Phone: 540.425.7695 **Fax:** 540.200.1658
- **Providers:**
 - Dr. Daniel Mclaughlin ***port placement**
 - Dr. Eric P. Miller
 - Jaena Dominquez, PA
- Centra Medical Group (CMG) Southside Surgery
800 Oak Street, Farmville, VA 23901
Phone: 434.315.2998 **Fax:** 434.315.2959
- **Providers:**
 - Dr. Benselvan Chandrakaladharan ***parathyroid and thyroid**
 - Sabrina Leicht, PA *wounds
- Centra Medical Group (CMG) Surgical Specialist 1906 & 1911
1906 Thomson Drive, Lynchburg, VA 24501
Phone: 434.200.3933 **Fax:** 434.200.1663
1911 Thomson Drive, Lynchburg, VA 24501
Phone: 434.200.3901 **Fax:** 434.200.1664
- Providers:
 - Dr. Clinton S. Beverly ***paraesophageal hernias**
 - Dr. John Guglielmetti, Jr. ***breast surgery**
 - Dr. Joshua B. Alley ***bariatric surgery**
 - Dr. Michael C. Lilly ***ERCP, colon surgery, paraesophageal and hiatal hernias**
 - Dr. Peter Ploch ***breast surgery**
 - Dr. William Kittrell, Jr. ***colon surgery**
 - Alice Rochow, PA
 - Gabrielle M. Crawford, NP-C
 - Morgan Clark, NP
 - Stephanie Spina, PA
 - Sydney M. Ozmar, PA-C
 - Tiffany Thompson, PA-C

How to Refer:

Call or send referral via fax or through the referral management system in Cerner for the locations listed above.

Plastic Surgery

New Providers / Capabilities:

Christina Canzoneri, MD has joined the Centra Medical Group (CMG) Plastic Surgery team. Click here to learn more about [Christina Canzoneri, MD | Centra Health](#).

Jesse Payton, MD has joined the Centra Medical Group (CMG) Plastic Surgery team. Click here to learn more about [Jesse Payton, MD | Centra Health](#).

How to Refer:

Scheduling new patient appointments within two to three weeks. Call or send referral via fax or through the referral management system in Cerner for the following locations:

- Centra Medical Group (CMG) Plastic Surgery Center
1330 Oak Lane, Suite 100, Lynchburg, VA 24503
Phone: 434.200.4350 **Fax:** 434.200.4347

Urology

New Providers / Capabilities:

Zach Quiqq, PA-C, MPAS has joined the Centra Medical Group (CMG) Urology team. Currently not scheduling new patient appointments. Click here to learn more about [Zach Quiqq, PA-C, MPAS | Centra Health](#).

How to Refer:

Scheduling non-urgent new patient appointments into November. Call or send referral via fax or through the referral management system in Cerner for the following location:

- Centra Medical Group (CMG) Urology Center
2542 Langhorne Road, Lynchburg, VA 24501
Phone: 434.200.5297 **Fax:** 434.200.5371

CME Opportunity:

Wednesday, September 25th at 12 p.m.

Dr. Corey Passman from Centra Medical Group (CMG) Urology team will be discussing prostate-specific antigen (PSA) screening guidelines. Click [here](#) to register.

Weight Loss & Bariatric Surgery

New Providers / Capabilities:

Kara Lamb, FNP-C has joined the Centra Medical Group (CMG) Weight Loss & Bariatrics Surgery Center team. Scheduling new patient appointments into October. Click here to learn more about [Kara Lamb, FNP-C | Centra Health](#).

How to Refer:

Call or send referral via fax or through the referral management system in Cerner for the following locations:

- Centra Weight Loss & Bariatric Surgery Center
125 Nationwide Drive, Lynchburg, VA 24502
Phone: 434.200.2500 **Fax:** 434.200.2501

WOMEN'S HEALTH

New Providers / Capabilities:

Onome Agbaza, CNM has joined the Centra Medical Group (CMG) Forest Women's Center team. Click here to learn more about [Onome Agbaza, CNM | Centra Health](#).

How to Refer:

OB patients will be scheduled to be seen at 8-10 weeks pregnant. GYN issues are scheduling into November and wellness visits are scheduling into December. Call or send referral via fax or through the referral management system in Cerner for the following locations:

- Centra Medical Group (CMG) Forest Women's Center
2007 Graves Mill Road, Forest, VA 24551
Phone: 434.200.385.8948 **Fax:** 434.200.1674

CONTINUING EDUCATION OPPORTUNITIES (CME)



Upcoming Lunchtime Learning Series

***One hour of free CME credit can be earned for each session attended**

Wednesday, September 25th at 12 p.m.

Dr. Corey Passman from Centra Medical Group (CMG) Urology team will be discussing prostate-specific antigen (PSA) screening guidelines. Click [here](#) to register.

Wednesday, October 2nd at 12 p.m.

Dr. Sunil Rajan from Centra Medical Group (CMG) Southside Pulmonology team will be discussing the diagnosing and medical management of chronic obstructive pulmonary disease (COPD). Click [here](#) to register.

Thursday, November 14th at 12 p.m.

Dr. Christian Estrada and Dr. Sebastian Ksionski from Centra Medical Group (CMG) Physical Medicine and Pain Management Centers will be discussing procedural pain therapies. Click [here](#) to register.

Previous Lunchtime Learning Webinars

***One hour of free CME credit can be earned for each session**

To access the following previous Lunchtime Learning webinars, please visit the following link and search Lunchtime Learning [CME Tracker Online Activities](#). If you have any questions or concerns about accessing the past recordings, please contact Kendall Jenkins, Provider Relations Manager, at kendall.jenkins@centrahealth.com.

- Dr. Firas Kaddaha- The Clinical Evaluation of Palpitations
- Dr. Michael Jones- The Medical Management of Obesity and Starting the Weight Loss Conversation
- Dr. Brenda Stokes- Palliative and Hospice Care Services
- Timothy Olsen, PA- Medical Management of Headaches and Centra's Headache Clinic
- Dr. Chinmaya Mareddy- Clinical Evaluation of Atrial Fibrillation
- Dr. Bikram Bal- Colonoscopy Screening Guidelines and Alternative Colon Cancer Screenings
- Dr. Michael Lilly- The Gallbladder and Endoscopic Retrograde Cholangiopancreatography (ERCP)

Psychiatry & Behavioral Health Conference

***3.5 hours of free CME credit can be earned for attending the conference**

Centra Psychiatry and Behavioral Health will be hosting the 1st Annual Mental Health Conference on Friday, October 4th, 2024, at Lynchburg General Hospital. Registration is required. Click here to learn more and to register: [Mental Health Conference | Centra Health](#).

Grand Rounds

HVI Grand Rounds

***One hour of free CME credit can be earned for each session**

The Centra Heart and Vascular Institute offers Grand Rounds on the 4th Wednesday of every month in the First Colony Conference Room 2 at Lynchburg General Hospital from 7-8 a.m. If unable to be attended in person, the live presentation will be streamed and you can join via Teams to watch. To view the upcoming presenters and topics, please visit the [CME Monthly Calendar](#) and select RSS/Grand Rounds and they will be displayed by date in green.

Neurovascular Grand Rounds

***One hour of free CME credit can be earned for each session**

Centra Medical Group (CMG) Neurology offers Grand Rounds on The Advancements of Neurovascular Care on the 2nd and 4th Wednesday of every month via Teams from 7-8 a.m. To view the upcoming topics, please visit the [CME Monthly Calendar](#) and select RSS/Grand Rounds and they will be displayed by date in green.



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In support of improving patient care, Centra is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare system.